

## ABSTRACT

A system for distributing information over communications systems comprising a question database, a solution database, a set of protocols, a user information system, a selecting system, and a filtering system. The question database contains questions related to the information to be distributed. The solution database contains solution elements related to the information to be distributed. The set of protocols links at least one of the questions in the question database with at least one of the solution elements in the solution database. The user information system allows a user to enter user data related to the user. The selecting system allows the user to select one or more questions from the question database to generate a set of selected questions. The filtering system generates a customized list of solution elements based on the selected questions, the set of protocols, and the user data such that the customized list of solution elements contains at least one solution element specifically related to the user.

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